Annapurna Circuit Trek (Annapurna Round)

Trip Facts

Duration: 13 days

Trekking Destination: Annapurna Region, Nepal

Trip Start & End Point: Kathmandu

Group Size: 1 Person Or Above

Accommodation: Hotel In City & Lodge In Trekking

Mode Of Trekking/Tour: Teahouse / Lodge

Maximum Altitude: 5416 M

Trek Type & Trek Hours: Tea House/Lodge (Approx. 5-7 Hrs)

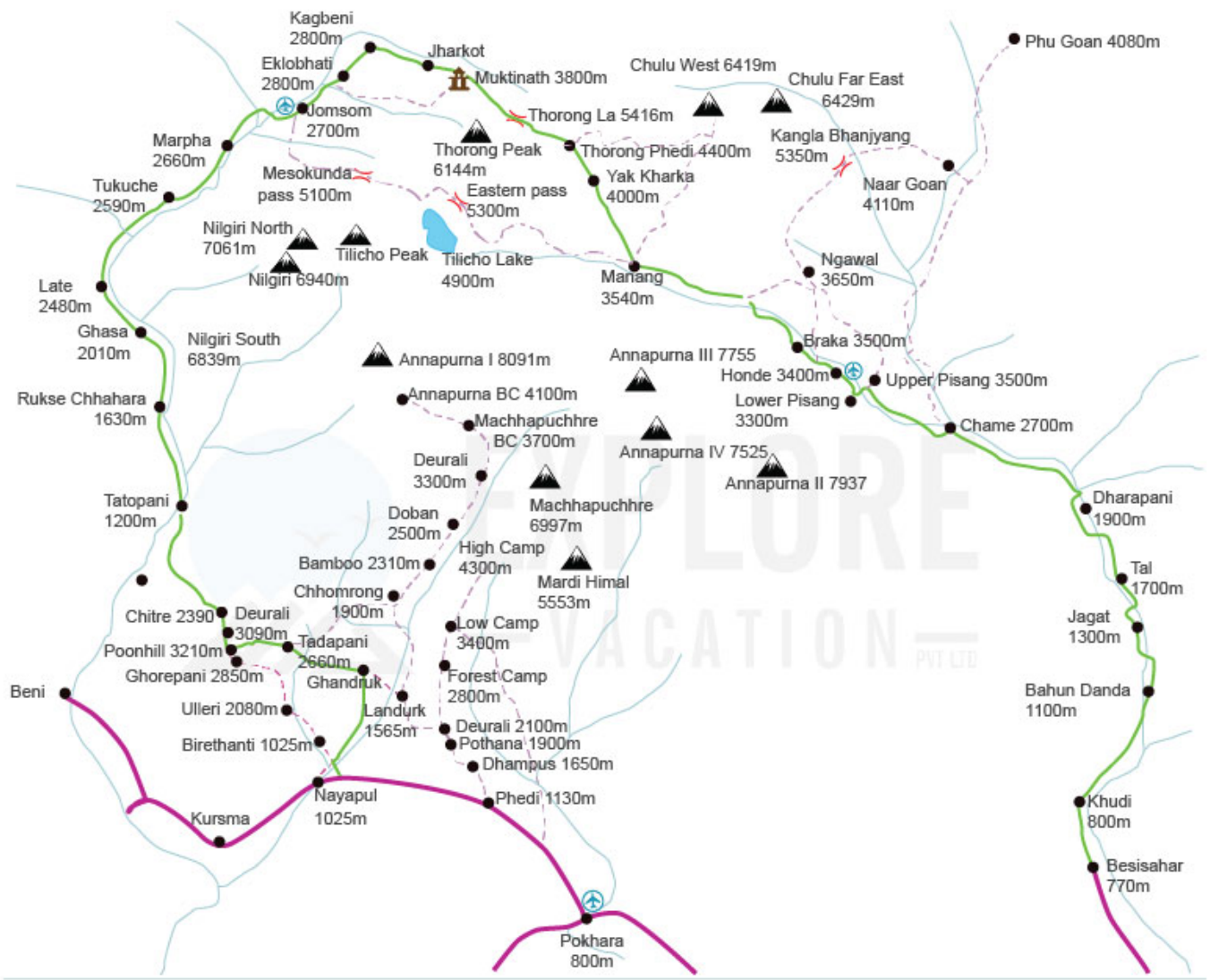
Transportation & Drive Hours: Private Vehicle & Local Vehicle (Approx. 6-8 Hrs)

Best Season: March/April/May/September/October/November

Highlighted Places: Kathmandu-Besisahar-Manang-Muktinath-Poonhill-Pokhara

One of the most spectacular trips in Nepal for those who have the time interests in Nepal's hills and she/he people. This trip takes us to the south face of Annapurna I. It is a beautiful hike through the ethnically diversified cultures and the varietal change in topography. flora and fauna will simply leave you amazed. Sunrise over the towering Himalayas of the Fishtail (Machhapuchhare). Dhaulgiri and Annapurna's is awesome. Your trip begins from the ancient city of Kathmandu. where you explore the by lanes of ancient streets with numerous heritage sights and temples where ever you go. Your hike then takes you through the picturesque Pokhara. through quaint villages. Himalayan river crossings. waterfalls and some of the best rhododendron forests. It is an incredible journey of experiences where you get up close and personal with nature and all its glory.

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Day to Day Itinerary

Day 1:Arrival in Kathmandu 1,300m

After a breathtaking Himalayan flight to Kathmandu, upon arrival at Tribhuvan International Airport (TIA), you will be warmly greeted by our representative who will also escort you to your Hotel. After check in and refreshment, there will be a briefing session by our tour consultant and the rest of the day is at your leisure to rest or explore the sights of the valley. Overnight at Hotel

Day 2:Kathmandu: Sightseeing and Trek Preparation Day

Second day is basically a sightseeing and Trek Preparation day. After breakfast, we embark on a guided tour to major historical, cultural and spiritual attractions of the valley which includes World Heritage Sites like the historic Durbar Square, the sacred Hindu temple of Pashupati Nath, the famous 'Monkey Temple' (Swayambunath) and Buddhists shrine (Bouddha Nath) etc. Overnight at Hotel

Day 3:Kathmandu to Besishahar to Chame [3,300m/10824ft]: 10 Hrs. drive

An early morning we start our journey on the highway that follows the Trisuli River with great scenic view along the way. The road winds and curves through Mugling from where we divert to the Pokhara route to Dumre and head nortwards to Besishar and Khudi where we get our first view of the Manaslu range. Overnight at Tea House You also have the option of walking from Dumre to Khudi on wide trails which will take approximately one hour.

Day 4:Trek from Chame to Pisang [3,300m/10824ft]

From Chame it’s a hard ascent through a steep and narrow path and dense forest to a dramatically curved rockface, rising a sheer 1500m from the river floor. You will notice the dramatic change in the vegetaion as we walk along the trial. We also cross the river at several points on suspension bridges before the trail finally opens up where we are surrounded by the majestic Himalayan Peaks. Manang is located in a U-shaped valley between two giant snow peaks. We walk through to reach the village of Pisang. Overnight at Tea house

Day 5:Trek from Pisang to Manang

The ninth day is the day of choices! Our trail forks to two divergent paths and we are presented with a choice of taking the upper or lower trail? The upper trail takes us via Geru (recommended) and it's highlight though a little strenuous brings us on level with the Annapurna and Pisang peaks - a view not to miss for. En -route you will also have time to visit the Barge monastery which is Manang's largest monastery. Overnight in Mountain Lodge

Day 6:Rest Day in Manang

Today is a day of rest. Short walks can be taken to explore Bhojo Gompa (monastery) or Gangapurna Lake or a short hike to Vraga village, and its monastery. The Himalayan Rescue Association is also located here and we can get some ideas about Mountain Sickness. Overnight at Manang

Day 7:Trek from Manang to Yak Kharka (4,110m)

After a hearty breakfast we now continue our trek climbing through the village of Tenki and onwards to the Marshyangdi valley to the Jarsang khola. As we climb and gain elevation we can notice the slowly changing vegetation to the dry juniper shrub. Heading northwards the trail follows through a few pastures, scrubs of juniper trees and passes near the small village of Ghunsa, a cluster of flat mud roofs just below the trailhead. We also cross several pastures, a small river over a wooden bridge and an ancient old Mani wall to reach the small village of Yak Kharka. Overnight at the Yak Karka.

Day 8:Trek from Yak Kharka to Thorong Phedi (4,600m)

As usual after breakfast we begin our climb to reach Thorong Phedi, a small settlement at the base of the Thorong La (High Camp). Here we take our time to get a complete rest for a tough day tomorrow. Some visitors do attempt a hike to the High Camp so that the next day can be easier for them, but we do not recommend this its better to sleep soundly and safely, rather than a risky sleep at higher altitudes. Overnight at Thorong Phedi.

Day 9:Trek from Thorong Phedi to Thorong La (5416m) to Muktinath (3,800)

This is the high point of our around Annapurna trek as we cross the famous ' high pass, Thorong La 5416 m. An early start is recommended as we have to hike through the icy high-altitude trail. We reach Muktinath by sunset and are all ready to settle in for the night. Muktinath is an important pilgrimage site for both Hindus and Buddhist. The area hosts a Vishnu temple and a Monastery nearby. Muktinath demonstrates the religious harmony of Nepal. Overnight at Muktinath in Lodge

Day 10:Trek Muktinath to Jomsom (2740): 4 - 5 hrs Trek

In the Morning after breakfast, breathe easier from today! we pay a visit to the local shrines of both hindus and Buddhists before starting our trek downhill to the village of Kagbeni and finally to Jomsom. Overnight at Lodge

Day 11:Flight from Jomsom to Pokhara (850 m) or Drive 160 Km (9 hours)

After breakfast in the morning, we take a 30-minute-long scenic flight to Pokhara, the lake city of Nepal and an essentially touristic tinsel town. We transfer to hotel from the airport. Or Jomsom to Pokhara with beautiful scenic drive. The most famous enchanting tranquil valley offering natural beauty, living culture, deep gorges, emerald lakes, snow clad peaks and picturesque village. Overnight at Hotel

Day 12:Drive from Pokhara to Kathmandu

After a leisure and hearty breakfast, you are all set to leave for Kathmandu. The drive (Flight optional) is a scenic drive of around six hours through plains, mid hills, terraced fields. Arrival in Kathmandu meet by our representative and transfer to hotel. Alternatively, you can also explore the sights you have not seen or doing some last minute shopping for handicrafts and souvenirs. Do ask our Travel consultant for any latest events that maybe taking place around the city. Later in the evening we will have a celebratory and farewell dinner with our team. Overnight in Hotel

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Day 13:Final Departure

The finale of our journey and we are reluctant to see you go! However our representative will drop you to the airport or if you are interested you can extend your trip by taking another interesting trek, tour or extensions to Tibet, Bhutan or Sikkim, all you need to do is simply ask us!

Trip Cost Includes

- Arrival & departure transfers.
- Accommodation in Kathmandu and Pokhara on twin/triple sharing with breakfast.
- Kathmandu – Khudi vai bsisahar transfer by private vehicle.
- Ghandruk -Pokhara - Kathmandu transfer by private vehicle.
- Tea house/ Mountain Lodges during trekking.
- Your meals breakfast, lunch & dinner during the trek
- Tea / coffee during meal
- TIMS card (Trekking Information Management System)
- Annapurna Conservation Area Project fee (ACAP)
- Supporting crews - trek guide and porter (two clients=1 porter)
- Meals, salary, accommodation, personal equipment, transport and insurance for supporting crews
- First Aid Kit.
- All applicable taxes and service charges

Trip Cost Excludes

- Meals other than breakfast in Kathmandu & in Pokhara
- Jomsom to Pokhara flight or drive on request.
- Personal nature expenses
- Personal travel insurance
- Insurance for any loss & damage
- Rescue & evacuation service
- Extra tea/coffee besides package
- Bottled drinks
- Tips for guide, porter & driver
- Any additional cost due to unforeseen circumstances

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