Annapurna Sanctuary Trek

Trip Facts

Duration: 14 days

Trekking Destination:: Annapurna Sanctuary Trek

Transportation:: Drive/Flight

Highest Access of the Trekking:: 4130 m/13545 ft

Trekking Hour:: Approximately 5-7 hours per day

Tours and Trekking Duration:: 14 Days

Trek Grade:: Moderate

Mode of Trekking Tour:: Hotel in Kathmandu& Pokhara and Tea House/Lodge on trek

Highlights:: Dhaulagiri, Fishtail, Annapurna range, Nilgiri

Attractions:: Trekking and Hiking, Cultural and Historical Tours

Best Season:: March/April/May/Sept/Oct/Nov

Group Size:: Above 2 persons

Annapurna Sanctuary Trek is one of the most spectacular trips in Nepal for those who have the time interests in Nepal's hills and she/he people. This trip also takes up to the Annapurna Base Camp. It is a beautiful hike through the ethnically diversified cultures and the varietal change in topography, flora and fauna will simply leave you amazed. Sunrise over the towering Himalayas of the Fishtail (Machhapuchhare), Dhaulgiri and Annapurna's is awesome. Your trip begins from the ancient city of Kathmandu, where you explore the by lanes of ancient streets with numerous heritage sights and temples where ever you go. Your hike then takes you through the picturesque Pokhara, through quaint villages, Himalayan river crossings, waterfalls and some of the best rhododendron forests. It is an incredible journey of experiences where you get up close and personal with nature and all its glory.

P O Box 4612, Sukedhara, Kathmandu, Nepal
Mobile: +977-9851197848 / 47 / 46
WhatsApp: +977 9851197848 / 9851197846
Email: info@explore-vacation.com, sales.explorevacation@gmail.com

Day to Day Itinerary

Day 1:Arrival in Kathmandu 1,300m

A breathtaking Himalayan flight to Kathmandu is a thrill indeed. Upon arrival at Tribhuvan International Airport (TIA) in Kathmandu, you will be warmly greeted by our representative and s/he will help escort you to your Hotel. After check in and refreshing, you will be briefed by your tour consultant and the rest of the day is at your leisure to rest or explore the sights of the valley. Overnight at Hotel

Day 2:Kathmandu to Pokhara (823m): 6 hrs. drive

We take an early morning drive to Pokhara stopping en-route for lunch. It is a scenic drive of 5 hours with views of mountains, rivers and villages with breath taking terraced rice paddies. Pokhara is an enchanting city with magnificent views of Dhaulagiri, Manaslu, Machhapuchhare, five peaks of Annapurna and other Himalayan peaks. Dotted by numerous lakes (Tal), Pokhara is the most beautiful region of Nepal and a variety of optional activities can be availed here from Avia ultra light flights, Para-gliding, fishing, sky diving, etc. An evening stroll alongside the Lakeside city can be a thrilling experience. Overnight in hotel

Day 3:Pokhara - Nayapul drop and trek -Ulleri [2050m]: 1 hr drive and 6 hrs trek

After a hearty breakfast, we drive to Nayapul the start point of our trek. From here you follow the south bank of the river. A pleasant hike takes you through sub tropical valley forests, sometimes on the carved trail on the side of the cliff. After lunch, we cross the Modi Khola (river) via a suspension bridge to the village of Tikhedhunga. We further trek along the trail quite steep at times. We reach Ulleri by late afternoon for overnight. Overnight at Lodge

Day 4:Ulleri - Ghorepani (2750m): 4 - 5 hrs trek

After a hearty breakfast we ascend to the village of Ghorepani. Ghorepani in Nepali means 'horse-water' owing to its role as an important campsite for traders before it became a trekker's stop. Ghorepani is an interesting stop with small retail shops selling a variety of local products and craft. Composed of two parts one in a saddle and the other a few hundred feet lower. We stop at the higher portion of the Ghorepani village which offers panoramic views of the surrounding mountains including Annapurna South and Nilgiri mountains. Evening can be a bit chilly out here so be prepared. Overnight at Mountain lodge

Day 5:Ghorepani - Poon Hill - Tadapani (2700m): 5 - 6 hrs trek

Conquest - Poon Hill- an icon of the Annapurna's. In order to catch one of the most awesome sunrises we make an early morning climb to the viewpoint of Poon Hill (3210 m). From here we also get panoramic views of Mustang, Pokhara valley including close up views of more than 20 highest mountains including Annapurna and Dhaulagiri ranges. The snowy peaks of the high mountains loom above and around us glowing in the morning light. After taking photos and having some refreshments, we return back to Ghorepani. After a hearty breakfast, we head east to climb a nearby ridge and the descend through rhododendron forests, and spectacular waterfalls to reach Tadapani. Overnight at Mountain Lodge

Day 6:Tadapani to Chhomrong (2170m): 6 hrs trek

After a refreshing breakfast it is initially smooth going, mostly downhill through dense forest growth to the village of Chuile and the Kimrong Khola (river) before finally starting our climb to Chhomrong. Here we get close ups of the might Annapurna south with the Fishtail facing it across the valley. An incredible location, right on the lap of the Annapurna's. Overnight Mountain lodge

Day 7:Chhomrong to Dovan (2580m): 6 hrs trek

After a hearty breakfast you walk along the banks of the Modi Khola, slowly climbing through wooded areas up to Sinuwa Danda. In between your hike is interspersed with wooded rhododendron forests and bamboo forest before finally reaching Dovan your halt for the night. Overnight Mountain lodge

Day 8:Dovan to Deurali (3230m): 5 hrs trek

As usual after breakfast you start your hike following the river through bamboo, oak and rhododendron forests up the canyon, crossing two streams and small bridges. The beauty and tranquility on this portion of the trail will give you peace of mind. Overnight at Mountain Lodge

Day 9:Trek Deurali to ABC (4,130m via MBC (3700m): 6 hrs.

After breakfast the hike to MBC, Machhapuchhre base camp begins through a trail on the river bed that gently slopes upwards to rise steeply up the mountain. Be careful of some avalanche prone areas in between here and Deurali, before being surrounded by giant snow topped mountains - awesome! It's a tough and strenuous hike but this is more than compensated by the majesty of the Himalayas surrounding us. Another strenuous trek ahead of you but quite worth it as your trial leads you from the Machhapuchhre base camp to the famous Annapurna base camp that vegetation gradually disappears and we encounter numerous snow boulders melting to form streams. the path gradually widens as we enter the fabled Annapurna sanctuary and the panoramic 360 degree views will quite literally take your breath away - Machhapuchhare, Annapurna south, Annapurna I, Hiuchuli and other peaks - standing directly in front of you, unimpeded by anything else. You wouldn't ask for a better finale to any trip! Overnight at Lodge

Day 10:Annapurna Base Camp to Bamboo (2310m): 6 hrs trek

An early morning tea with the awe inspiring sunrise over the Himalayas is something to reflect and rejuvenate ourselves with... After a hearty breakfast, you are ready to leave for Bamboo and your hike is a gradual drop through various geographical feature interspersed with fantastic views of Fishtail and Hiunchuli mountains. Overnight at Lodge

Day 11:Trek Bamboo to Ghandruk (1940m): 7-8 hrs. trek.

Reflecting on the days ahead and the magnificent vistas you have hiked through, we descend to Jhinu Danda diverging from Chhomrong. Jhinu Danda has some great hot springs a few minutes away - rejuvenate yourself with a long soak in the hot water. After lunch walk straight up till Ghandruk Village. Ghandruk Village is the biggest settlement of Gurung caste over the Kaski District. You can travel and explore the lifestyle of the Gurung community, visit the Gurung Museum. Overnight at Mountain lodge

Day 12:Trek Ghandruk to Nayapul to Pokhara: 5 hrs. trek and 1 hr. drive

Our last day in this breath taking haven, when we hike back to Nayapul then drive back to Pokhara. This hike will be downhill all the way to Birethanti. We then step onto a staircase paved with stone slabs, curving in and out of the village and through hill terraced farms. It keeps on going down almost without break from Ghandruk until the Modi Khola river valley. By the time, we arrive at Birethanti, we feel like having made a downhill marathon. From Birethanti, a half-an-hour's walk takes us into Nayapul. We then drive from Nayapul to Pokhara. Overnight at Hotel

Day 13:Drive Back to Kathmandu:

After breakfast in the hotel about 9 am drive towards Kathmandu. Reach at Kathmandu, Later in the evening a celebration and Farewell dinner on the successful completion of an incredible journey. Overnight at Hotel

Day 14:Final Departure

The finale of your journey and we are loath to see you go! Our representative will drop you to the airport or if you are interested you can extend your trip by taking another interesting trek, tour or extensions to Tibet, Bhutan or Sikkim, ask us!

Trip Cost Includes

- All arrival / departure transfers in Kathmandu.
- Hotel in Kathmandu and Pokhara twin sharing room with Breakfast.
- Accommodation tea house/ mountain lodge on trek.
- All meals during the trek (breakfast, lunch & dinner).
- Tea and coffee during meal.
- Annapurna Conservation area permits fee.
- Trekking information system card (TIMS CARD)
- Kathmandu-Pokhara-Katmandu transfer by private vehicle.
- All required supporting crews with experienced leader (guide). porters to carry luggage (2 guest=1 porter base).
- Nayapul drop/pick up by private vehicle.
- Food, salary, transport and insurance for supporting crews.
- First Aid kit and pulse oximeter.
- All applicable taxes and service charges.

Trip Cost Excludes

- Lunch and Dinner in Kathmandu and Pokhara.
- Nepal entry visa fee.
- Insurance for you and baggage.
- Personal expenses (phone calls. laundry. bar bills. battery recharge. extra porters. bottle drinks etc)
- Extra Tea & coffee after/before meal.
- Any rescue and evacuation services.
- Tip for guide and porter.

- Any additional cost due to unforeseen circumstances.

P O Box 4612, Sukedhara, Kathmandu, Nepal
Mobile: +977-9851197848 / 47 / 46
WhatsApp: +977 9851197848 / 9851197846
Email: info@explore-vacation.com, sales.explorevacation@gmail.com