Kailash Manasarovar Tour Via Kyirong

Trip Facts

Duration: 14 days
Trip Destination: Nepal & Kailash (Tibet)
Entry / Exit Point: Kyirong (Kerung)
Maximum Altitude: 5600 M
Group Size: 25 People Or Above
Mode Of Trekking / Tour: Tea House/Lodge
Driving Hour: Approx 5-7 Hours
Trekking Hour: 5 To 8 Hours
Trip Type: Pilgrimage & Adventure
Best Season: April Through October
USD Price: 2600
INR Price: 240,000

The overland journey to **Mount Kailash and Lake Manasarovar** is one of the most classic and spiritually enriching pilgrimage routes. Following the 2015 earthquake, the traditional Kodari–Zhangmu route was closed, and the **Kyirong (Kerung) border** became a popular alternative gateway from Nepal to Tibet. Connected through the Rasuwagadhi border and Friendship Bridge, this route allows pilgrims to experience the spectacular Himalayan landscapes while traveling overland toward the sacred Kailash region.

After entering Tibet, pilgrims spend time in **Kyirong for acclimatization** before continuing toward Mount Kailash and Lake Manasarovar. Along the way, you will witness breathtaking mountains, pristine lakes, ancient monasteries, remote Tibetan villages, and unique local cultures. Accommodation is generally basic and comfortable, with dormitory-style rooms, while our dedicated team provides warm meals, personal care, and assistance throughout the journey. Comfortable transportation is arranged for the daily drives, which generally take around 5–7 hours.

A Kailash Yatra is a challenging pilgrimage due to the **high altitude, remote terrain, unpredictable weather, and basic facilities**. We kindly request all Yatris to remain patient and cooperative in case of unexpected changes during the journey. Our experienced team will make every possible effort to ensure your **safety, comfort, and spiritual experience**, making this sacred journey to Mount Kailash and Lake Manasarovar a truly memorable and once-in-a-lifetime experience.

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Day to Day Itinerary

Day 1:ARRIVE IN KATHMANDU

Walking hr: 30 min drive | **Accommodation:** 3 or 4 or 5 Star Hotel | **Meal:** D

Arrival in Kathmandu, meet by our tour officer at the airport. You will be welcome by Rudrakshya Mala and providing complimentary Water Bottle. Then you will transfer to hotel, check in and rest. In the evening, dinner at hotel and you will be inform about your next day tour program by our leader. Optional: If anybody are interested to take an hour Mount Everest Flight on next day morning, should book and confirm with us by this evening. Normally, the flight operates from 6.30 am to 10 am, and you should prepare in the hotel before 1 hour 15 minutes ahead to leave airport for reporting 45 minutes before departure time at least. * Overnight at Hotel (Room on twin sharing basis)

Day 2:SIGHTSEEING TOUR IN KATHMANDU

Walking hr: 6 hrs sightseeing | **Accommodation:** 3 or 4 or 5 Star Hotel | **Meal:** B, L, D

After breakfast, you will commence sightseeing tour of Pashupatinath Temple (the biggest Hindu temple) and Budhanilkantha temple (the tallest sleeping Vishnu). Lunch in the hotel and rest day at free for the preparation of trip. There will be short briefing program conducted in the hall before dinner around 6 pm along with assistance for money exchange & down jacket distribution. * Overnight at Hotel (Room on twin sharing basis)

Day 3:DRIVE, KATHMANDU TO SYABRUBESI (1600 m.) OR TIMURE

Walking hr: 7 to 8 hrs drive | **Accommodation:** Basic Tourist Lodge | **Meal:** B, L, D

Today, you should wake up little early, take breakfast at hotel then start Yatra to border by 7 am. The highway goes with scenic drive passing through Trishuli Bazaar, Kalikasthan, Dhunche and finally reach at Syabrubesi. If the drive went late, you will have lunch in Dhunche, the base camp to start trekking to Langtang valley. Depending upon the availability of accommodation, your stay will be manage either in Syabrubesi or Timure. Syabrubesi is also alike main town to begin trekking to Langtang region. And Timure is the small border village where all immigration and customs are process to across border. The journey from Kalikasthan to Timure will be little tiresome due to off road and numerous check point by Police security and Army due to Langtang National Park region and near to border. On arrive at lodge, rest and relax. * Overnight at Guesthouse - dormitory room * Kathmandu to Dhunche - 130 km (6 hrs). * Or, Kathmandu to Syabrubesi – 145 km (6.5 hrs) * Syabrubesi to Timure – 12 km (15 min)

Day 4:DRIVE TO BORDER, RASUWAGADHI (1800 m.) & ENTER TO KYIRONG IN TIBET (3950 m.)

Walking hr: 2 hrs drive | **Accommodation:** 3 or 4 Star Type Hotel | **Meal:** B, L, D

Take breakfast by 7.30am then we will move towards border at Rasuwagadhi. Our representative will assist us for the immigration & custom formalities in Nepal side then proceed to enter Tibet region by walk crossing Friendship Bridge (20 min). While you check into Tibet immigration, you should stay in queue as per visa serial number. Tibetan guide will help for China side immigration and then drive ahead to Kyirong. After an hour drive, we reach at Kerung town where guide & driver need to do further permit formalities then we will lead further towards Kyirong county (2 hrs) where our guesthouse accommodation was arranged. We will

check into room and our staff team will start their kitchen service with tea/snacks, soups and dinner. * Overnight at Guesthouse - dormitory room * Syabrubesi to Rasuwagadhi – 15 km (30 min) * Rasuwagadhi to Kyirong town – 35 km (1 hrs) * Kyirong town to Kyirong County – 70 km (2 hrs)

Day 5:ACCLIMATIZATION IN KYIRONG

Walking hr: Rest | **Accommodation:** 3 or 4 Star Type Hotel | **Meal:** B, L, D

Today is rest day in Kyirong for acclimatization. You can stroll around Kyirong market and hill side to warm up your body to adjust with Tibet climate. Rest day, you can seat together with all group doing chanting or bhajan which helps to grow positive feelings and energy in your body. Lunch and Dinner will be arrange as per given timetable by our tour leader. * Overnight at Guesthouse - dormitory room

Day 6:DRIVE, KYIRONG TO SAGA (4400m.) OR NEW DONGBA (4500 m.)

Walking hr: 5 to 7 hrs drive | **Accommodation:** 3 or 4 Star Type Hotel | **Meal:** B, L, D

Wake up at normal time, have breakfast between 8.30 am to 9.30 am then ready to begin your Yatra ahead to Kailash Manasarovar. After breakfast, we will commence our journey by 11 am towards Saga or New Dongba depending upon the availability of the hotel accommodation. On the way, you will have good opportunity to see high passes, Ganesh Parvat, Lake Peiku Tso & Brahmaputra River. Pack hot lunch will be serve at middle of the highway in the plain grass land. Then we continue short drive to Saga (2 hrs) or New Dongba about 4 hours and rest in the hotel at Saga or New Dongba. * Overnight at Hotel - twin or triple sharing room with attached bathroom * Kyirong to Saga: 180 km (5 hrs drive) * Kyirong to New Dongba: 340 km (7 hrs drive)

Day 7:DRIVE, SAGA OR NEW DONGBA TO LAKE MANSASAROVAR (CHIU GOMPA) - 4600 m.

Walking hr: 8 to 10 hrs drive | **Accommodation:** Basic Guesthouse | **Meal:** B, L, D

Today we have to wake up very early morning and take early breakfast. We begin our Yatra by 8 am approximately so that we can reach Lake Manasarovar at earliest possible for holy bath and puja. You will cross the highest motorable pass – Mayum-La Pass 5200 m). Before this pass, we will have to wait sometimes for check points formalities for Ngari region (Kailash) then with short drive further before Mayum La pass, we will take halt for Lunch break. After then our border bus will make stop at Manasarovar entry check post where we have to change our border bus to pollution free bus of Manasarovar region. Sometimes, we have to wait some while for bus due to bus unavailability at that time so we spare such time by chanting and praying looking great views of Lake Manasarovar & Mt. Kailash. Once the bus start, it goes for parikrama of Lake Manasarovar, the lake created by the thoughts of Brahma for Gods & Goddess and will stop at good location for holy water to fill in your bottle or gallon after few hours drive. Suggested to all yatris to take quick pray and filled holy water from the lake. Today you will make 70% parikrama (circumambulation) of Lake, you will see Rakshas Taal, another beautiful fresh water lake, also called Rawan Lake, the demon lake created by Lanka king Rawan with crescent moon shape and come to stay in ChiuGompa at Guesthouse. Take complete rest with keeping warm to your body. * Overnight at Guesthouse - dormitory room * Saga to Lake Manasarovar: 520 km (10 hrs drive) * Dongba to Lake Manasarovar: 360 km (8 hrs drive)

Day 8:DRIVE, CHIUGOMPA TO DARCHEN (4700 m)

Walking hr: 1 hr drive | **Accommodation:** 3 or 4 Star Type Hotel | **Meal:** B, L, D

Today you can wake up leisurely with good rest and take breakfast. You have plenty time in the morning to

stay near Lake Manasarovar. If anybody wish to do hawan puja, they can do today morning. Or, if anybody wants to hike up Chiu Gompa, they can go for it. After lunch, we will go to the base camp of Mt. Kailash called Darchen. Enroute again you will have panoramic view of Gurla Mandata, Mt. Kailash and Rakshas Tal. Check into hotel in Darchen and stroll around local market. * Overnight at Guesthouse - dormitory room * Manasarovar - Darchen (40 km) - 1 hour

Day 9:DRIVE TO YAMADWAR & START 1st DAY KAILASH KORA (PARIKRAMA) TO DERAPHUK (4950 m.)

Walking hr: 7 hrs Trekking | **Accommodation:** Basic Guesthouse | **Meal:** B, L, D

Here, we start our day to fulfill one of our ultimate desires to complete parikrama of Mt. Kailash. Morning take breakfast in the hotel, then carry your backpack with pack lunch and water bottles, leaving other stuffs in the hotel, we drive upto Yama Dwar. You can see the nearest view of south face of Mt. Kailash feeling blessed by darshan of Lord Shiva & Parbati. Everyone visit Yama Dwar with making three times circular around it, with this it assumes that the pilgrims who cannot go for Kailash Kora will have same blessing from Lord as they did complete kora of Mt. Kailash. At Yama Dwar, the horse and porter will be provided to the pilgrims who booked for trekking around Kailash and they start their Yatra by riding horse and other pilgrims will walk. Again those who are not going for parikrama will stay back in Darchen at hotel where our some staffs will be there to take care of them. The 1st day trek is not so difficult today, it is moderate trekking with more plain trekking paths and some of places with short gradual climb. You will have full of blessing today in trekking with majestic darshan of West Face of Mt. Kailash from the mid point at Teashop. End of the trek feels slight ascent until you reach guesthouse. Once you reach Diraphuk camp, you will forget all your pain due to superb blessing darshan of Mt. Kailash, the north face. This is the best location of whole trip from where you can see the most nearest and almighty view of Mt. Kailash. * Overnight at Guesthouse or Tented Lodge – dormitory room * Darchen to Yama Dwar – 6 km (20 minutes) drive * Yama Dwar to Diraphuk – 14 km (7 hrs) trek

Day 10:CONTINUE TREK TO ZUTHULPHUK (4850 m.) VIA SHIVASTHAL – DOLMA LA - GAURIKUNDA

Walking hr: 10 hrs Trekking | **Accommodation:** Basic Guesthouse | **Meal:** B, L, D

Your wake up will be at 5.00 am early morning today, then quick fresh up & breakfast at 6 am. Before sunrise, we start our trek to cross Dolma La at earliest. As yesterday, you should take packed lunch with you and start uphill climb from the beginning of the camp along through view of Shivasthal till steep climb to Dolma La Pass (5600 m.) for 4 to 5 hours. At Dolma La, Buddhists pay homage offering prayer flags, money, clothings, incense sticks etc. After Dolma La, just cross down you will see the holiest lake – Gauri Kunda at your right below and you will cross short glacier level then after couple of hours descends you should trek down very careful the steep downhill to reach teashop. Take short break here for lunch and rest then continue flat trail trekking upto Zuthulphuk camp for 3 hours approximately. * Overnight at Guesthouse or Tented Lodge – dormitory room * Diraphuk to Zuthulphuk (22 km - 10 hours) trek

Day 11:END TREK THEN DRIVE TO NEW DONGBA OR SAGA

Walking hr: 6 to 8 hrs drive | **Accommodation:** 3 or 4 Star Type Hotel | **Meal:** B, L, D

Finally, your trek will end today with very short distance walking in easy flat trails. It takes about 2 hours to

reach at bus pick up point. Bus will take us to Darchen hotel where our rest group members will waiting for us. Get quick refresh, have a breakfast and pack the luggage then continue our drive back journey to New Dongba or Saga. We will change our bus at Manasarovar Check Post into our previous border bus and get last darshan & blessing of Mt. Kailash & Lake Manasarovar and continue return journey. * Overnight at Hotel - Twin or Triple sharing with attached bathroom * Zuthulphuk to ending point (8 km, 2 hrs trek) * Darchen to New Dongba: 330 km (6 hrs drive) * Darchen to Saga: 490 km (8 hrs drive)

Day 12:RETURN BACK TO KYIRONG

Walking hr: 5 to 7 hrs drive | **Accommodation:** 3 or 4 Star Type Hotel | **Meal:** B, L, D

Return back to Kyirong via the same route. * Overnight at Guesthouse - dormitory room * Saga to Kyirong Town: 180 km / 5 hrs drive * New Dongba to Kyirong Town: 340 km (7 hrs drive)

Day 13:RETURN BACK TO KATHMANDU

Walking hr: 7 to 8 hrs drive | **Accommodation:** 3 or 4 or 5 Star Hotel | **Meal:** B, L, D

Morning after early breakfast drive down to Rasuwagadhi border, cross over the Friendship Bridge then drive back to Kathmandu. Lunch will be served in Syabrubesi. Evening dinner and rest at hotel. * Overnight at Hotel (room on twin sharing basis with attached bathroom) * Kyirong to Rasuwagadhi border – 105 km (2.5 hrs) * Rasuwagadhi to Kathmandu - 160 km (7 hrs).

Day 14:DEPARTURE

Walking hr: 30 min drive | **Accommodation:** N/A | **Meal:** B

Breakfast in the hotel. According to your flight schedule, you will be transfer to international airport in Kathmandu for your flight back home. Tour End.

Trip Cost Includes

- Three nights' accommodation in Kathmandu on twin/triple sharing with vegetarian meals
- Sightseeing tour in Kathmandu
- All necessary transfers in Kathmandu (arrival / departure)
- Kathmandu – Rasuwagadhi – Kathmandu transfers by private tourist bus (a/c)
- One night accommodation in Syabrubesie or Timure with all veg meals (dormitory room)
- Tibet group visa & all necessary permits
- All necessary Tibet permit including Parikrama of Kailash & Mansarovar
- All Guesthouse accommodation in Tibet (dormitory room)
- All vegetarian meals in Tibet (breakfast, lunch & dinner)
- Transportation in Tibet by Deluxe Bus
- Supporting truck to carry logistics
- English speaking Tibetan guide
- Necessary supporting crew (tour manager, cook, helpers & sherpas)
- Yaks & Yak men during the Parikrama (to carry foods and equipment)
- Entry fees (Kailash & Manasarovar)
- Medical kit bag & oxygen for emergency use
- Free gifts – Duffle Bag, Backpack Bag, Sling Bag, Beanie Warm Hat & Down Jacket

- All applicable taxes and service charges

Trip Cost Excludes

- International air ticket to Kathmandu & return
- Nepal entry visa fee for NRIs
- Your travel insurance
- Rescue and evacuation service
- Personal expenses
- Asthapad Darshan (Government restricted to visit Asthapad as of now, so if permission given then you can visit by paying extra cost directly)
- Horse & Porter for personal need during Kailash Parikrama
- Bottled drinks (Alcohol, beverages, soft drinks, juices etc)
- Tips for Nepali Sherpa Staffs, Tour Leader, Tibetan Guide & Drivers
- Extra night accommodation in Kathmandu in case of early arrival from Kailash
- Any additional cost (transport, hotel, visa split charge) that occurs due to illness or rescue of the member
- Any additional cost due to natural calamity and unforeseen circumstances

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