Kathmandu Lhasa Tour

Trip Facts

Duration: 8 days

Trip Start & End Point: Kathmandu Or Lhasa

Group Size: 2 Person Or Above

Mode Of Tour: Teahouse / Lodge

Transportation & Drive Hours: Private Vehicle (Approx. 5-6 Hrs)

Best Season: April Through November

Kathmandu – Lhasa overland tour is one of the most affordable tours to see the best of Tibet. It is a tour by comfortable mini bus or jeep and begins from Rasuwagadi, near the Nepal-China border. Then we head to Kyirong a town situtated 25km from the Nepal border by crossing the Bridge.

Two full days in Lhasa, gives one enough time to visit all the popular places there like the Potala Palace, Jokhang temple ,the Norbulingka ,Sera monastery , Drepung Monastery and Ganden Monastery etc. During the tour one gets to enjoy the natural aspects of Tibet with beautiful landscapes as well as cultural, historical and religious aspect of Tibet.

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Day to Day Itinerary

Day 1:Kathmandu to Rasuwagadi Nepal borer 175 km, 5 hrs. And drive to Kyirong (2700m), 25 km 1 hrs.

Today also you should wake up early morning with pack breakfast then begin our ultimate destination to Tibet. We will reach Rasuwagadhi border and proceed for Tibet entry following the formalities of immigration & customs in both sides of country. Our representative will assist us for immigration in Nepal side and then we proceed to China by walk (15 min) crossing through Friendship Bridge. All group members should follow in queue with their respective passport serial number as per visa while passing through immigration in China side. We will be receive by our Tibetan guide in China immigration, complete immigration formalities, get in our Tibet side bus then proceed to Kyirong town. It takes approximately an hour to reach Kyirong town where our hotel accommodation is allocated by guide. Overnight at hotel

Day 2:Drive Kerung - Lhatse (4,350m): 244 Km

Here your day begins with full of excitement for leading your journey towards to Lhatse. On the way we have breathtaking panorama view of Himalayan ranges including Mt Shishapangma (8012m) and Mt Cho Oyu (8201m) and others more beautiful Tibetan landscapes. Overnight at Hotel

Day 3:Lhatse - Xigatse (3900 m) via Sakya Monastery; 210 km / 4 hours

Today we ride between the villages to Shigatse, the second largest city of Tibet. We across Yulung La (4950 meters) and get to visit Sakya Monastery situated 21 km off the friendship highway which is one of the largest Monastery in Tibet for Sakya sect of Buddhism, where you can see the largest book in the world in the great library written entirely in gold. Later we also visit Natang Monastery which lies close to Shigatse town (12 km ahead). After reaching Shigatse, we will transfer you in a better hotel and relax. If interested, you can visit the "Tashilunpo Monastery", the residence or official throne of Panchen Lama built in 1447. This is a vast monastery with its own streets, housing sectors, plazas, back alleys and complex of temples and halls. Overnight at Hotel

Day 4:Shigatse - Gyantse (3950 m); 95 km / 2 hours

Today after visiting Tashilunpo, we continue our drive of 95 km to Gyantse through intensely agricultural, cultivated areas. Much of the gravel road is lined with poplar trees, which are distinctly Tibetan feature. Enroute we also visit Shalu Monastery. Gyantse is a stunning example of a traditional Tibetan village filled with beautiful stone farmhouses. It consists of amazing sites like Khumbum, Palkor Chode Monastery and Gyantse Dzong. Gyantse Dzong and the Khumbum are the jewels of Gyantse. Gyantse Dzong is a historical fort built in the 14th century while the Kumbum rises 35km above the town, and is crowned by a golden dome. Overnight at Hotel

Day 5:Gyantse - Lhasa (305 km / 6 hrs) via the Yamdrok Tso

Today we head towards the turquoise Lake "Yamdruk Tso" crossing the high pass of "Karo La" at 5050m,the Kamba- La (4794 m) and the Yarlung River (Brahmaputra) finally ending the journey in Lhasa. The majestic views of Yamdrok-Tso Lake; a deep blue body of water renowned for its unique beauty is highlight of the day.

We will also see Nazin Kang Sang glacier standing proud at 7252m. Upon arrival at Lhasa we feel as though we have left Tibet and entered China due to the Chinese influence - signs, people on the street, and the development. Lhasa is a sprawling, modern Chinese city where we will stay for two full days to acclimatize and explore the city. Overnight at Hotel

Day 6:Sightseeing in Lhasa (3650 m)

Today we begin our journey by visiting to Potala palace – a UNESCO World Heritage celebrated for its priceless treasury of Buddhist artifacts and bejeweled tombs of past Dalai Lamas. The Potala was also the tallest building in the world for 200 years following its construction in 1645. Equally breathtaking are the gardens and sacred spaces of the Norbulingka, the Dalai Lama's summer residence. We will also visit the Jokhang Temple followed by Barkhor Markets – a bustling road lined with vendors where you can sample the smells and sounds of Tibet, or browse through the Thankas, masks, prayer beads and countless other treasures inherent to Tibetan custom and tradition. Overnight in Lhasa.

Day 7:Sightseeing in Lhasa (3650 m)

Today is another trip in Lhasa .We will initially visit the Sera Monastery along with our experienced tour guide (who is also a translator). Sera is an exceptional place with white-washed walls and golden roofs that speak of Tibetan Buddhism's ancient wisdom and tranquility. We will then visit Drepung Monastery built in 14th century and home to over 10,000 monks. Drepung was also the educational center for the lineage of Dalai Lamas, and is famed for attracting tens of thousands of pilgrims for its Thanka festival. Drepung has a poignant presence in the spiritual life of Tibetans, and is the most cherished of all Tibet's monasteries. Finally we will visit Tibet Museum to explore more knowledge on history, culture, arts & architecture of Tibet. Overnight in Lhasa.

Day 8:Departure

According to the flight schedule, we will transfer you to the airport for the flight back to Kathmandu / Mainland China OR to the train station for your onward journey to Mainland China.

Trip Cost Includes

- Tibet special permits and entrance fees
- Tibet group visa fee
- Transportation in Tibet by Hiace Van or by Bus (as per group size)
- Accommodation on sharing room with breakfast in Tibet
- Tibetan Guide (English Speaking)
- Jeep / Bus from Kathmandu to Kodari border
- Oxygen bottle (portable) available in transport for emergency use
- Taxes & service charges

Trip Cost Excludes

- Airport transfers in Kathmandu (available on request)
- Hotel accommodation & meals in Kathmandu (available on request)
- Lunch & dinner in Tibet

- Sightseeing & its entry fees for monuments (KTM)
- Flight / train ticket for leaving Lhasa (available on request)
- Alcohol & bottle drinks
- Tips for guide, driver & staffs
- Any expenses of personal nature
- Your travel insurance
- Nepal visa US $ 40 (NRI nationals)
- Emergency & Evacuation costs
- Any extra cost due to unforeseen circumstances like natural calamities, political reason. Government rules etc

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