Langtang Trek Via Ganja-La Pass

Trip Facts

Duration: 14 days

Trekking Destination: Langtang / Helambu

Maximum Altitude: 5122 M

Group Size: 1 People Or Above

Transportation: Drive/Hiking

Mode Of Trekking Tour: Hotel/Tea House

Trekking Hour: Approx 5-8 Hrs

Best Season: March/April/May/Sept/Oct/Nov

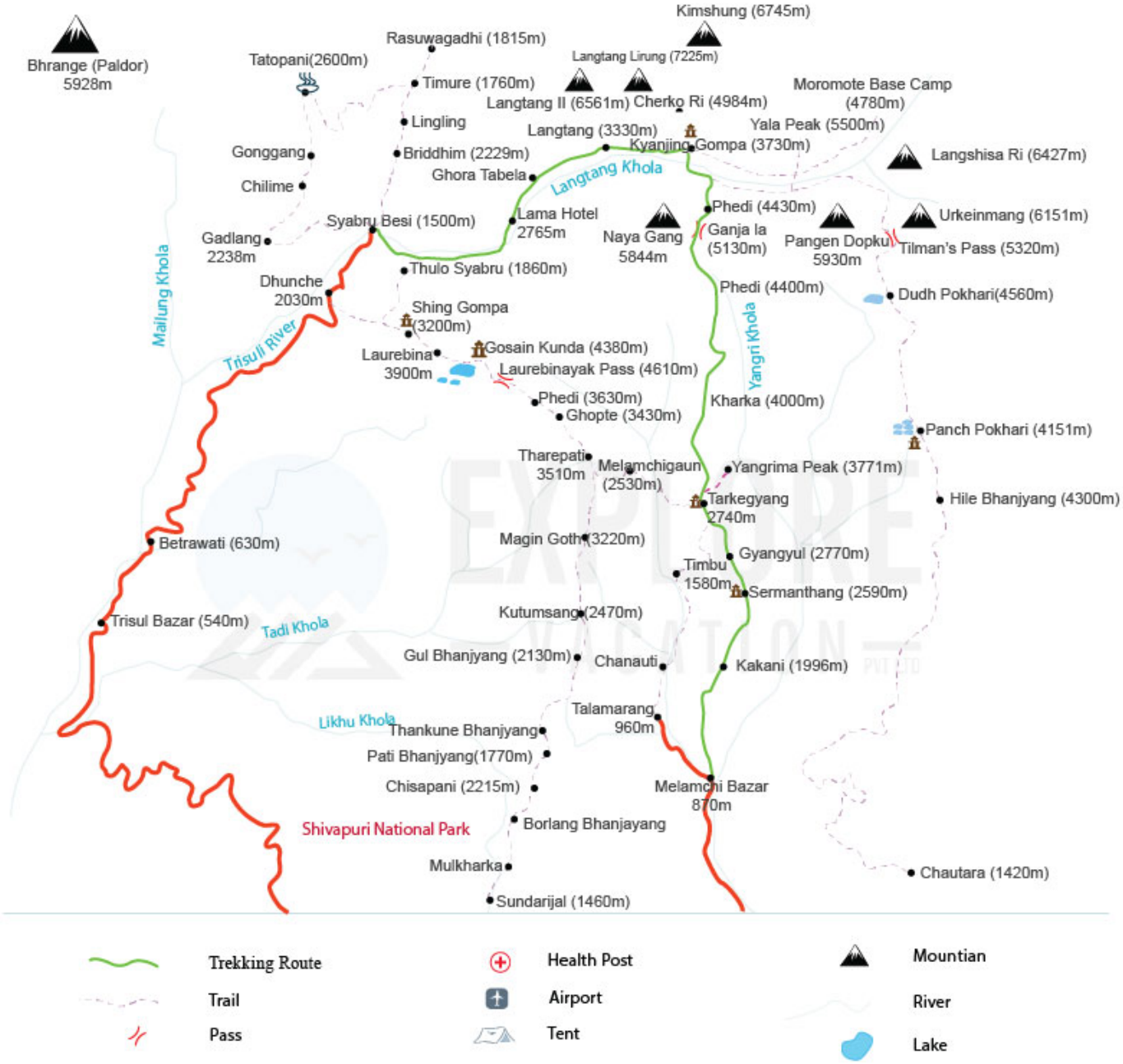
Ganja La Pass Trek, a popular trek in the Langtang Region, is located in the western part of Nepal. It is one of the most difficult trekking paths in Nepal hence it requires special equipments, well-experienced guides, porters, and trekkers with great physical stamina previous experience.

Langtang Ganjala Pass trek starts from Syabrubesi and ends at Melamchi Pul Bazar. From Syabrubesi, trekkers will follow the Langtang River to the east until one reaches Kyanching Gompa (3,049m). Kyanching Gompa is surrounded by Mt Langtang Lirung (7245m) on the west, Yala peak on the north , Dorje Lakpa(6966m), Urkeinmang(6387m), Loenpo Gang (6979) and Kangchenpo on the north-east. In Kyanjing Gompa trekkers also come across small Buddhist monastary and a cheese factory initiated by the Swiss Association for Technical Assistance in 1955.

While crossing the pass one can enjoy the spectacular views of Langtang Lirung and the Tibetan peaks beyond. The highest point of this trek is Ganjala Pass (5,122m). The last few 100m trail of the pass is very shaky and unstable hence one must be very precautious and use necessary safety equipments. The descent from the pass again requires good care as it a steep slope. However the rest of the trail is easy and comfortable. Also since there are no lodges and no settlements for three days along the way, the group should be equipped accordingly.

During the trek, trekkers come across the holy Gosainkunda Lake which a hindu pilgrim site and is another highlight of the trek.

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Day to Day Itinerary

Day 1:Arrival in Kathmandu (1,300m/4,264 ft)

The Himalayan flight to Kathmandu is in itself a thrilling experience, with its city views and the Snow Mountains floating around as though just close enough to touch. Once you arrive at the airport our representative will be there with a playcard bearing your name or the name of this travel agency .You will then be transferred to your Hotel for check-in and refreshment. Later in the evening we will have a small briefing on your trip ahead. Overnight at hotel

Day 2:Kathmandu: Sightseeing and Trek Preparation Day

Second day is basically a sightseeing and Trek Preparation day. After breakfast, we embark on a guided tour to major historical, cultural and spiritual attractions of the valley which includes World Heritage Sites like the historic Durbar Square, the sacred Hindu temple of Pashupati Nath, the famous 'Monkey Temple' (Swayambunath) and Buddhists shrine (Bouddha Nath) etc. Today we will also be finalizing official procedure and other necessary arrangements, provide more information on your forthcoming trip, equipments and team composition. Later in the afternoon you can start preparations and shopping for any personal items you may have forgotten for the ultimate trip of a lifetime. Overnight at hotel

Day 3:Drive to Syabrubesi (1,550m/5084ft) 145 km

Today we start early for a long road journey of of 7 to 8 hours to Syabrubesi which is the start point of the trek. The journey takes us through small pristine villages and terracced hills on the banks of the Trishuli River. We also get to view the enchanting panorama of the Himalayas, including the Annapurnas, Manaslu, Ganesh Himal and the peaks of the Langtang region. Overnight at Lodge

Day 4:Trek to Lama Hotel (2,380m/7,806ft)

After a hearty breakfast we embark on our journey traversing the ridge on Syabru Besi’s main road and soon reach Ghopcha Khola. We trek through terraced fields and dense forest with a variety of plant species like oaks, maple, alder and bamboo .If lucky, we may also get to see the yellow-throated martin, wild boar, langur monkey, red panda and Himalayan black bear en route. The trial further crosses to the north bank of the Langtang Khola amid the spectacular vistas of cascading waterfalls and opens into scrub oak forest. On reaching 2470 meters, we arrive at Lama Hotel where we conclude the trek for the day. Overnight at Lodge

Day 5:Trek to Langtang village (3,430m/11,250ft)

After having breakfast you continue our trek ascending above the Langtang Khola. As the trail progresses, it becomes steeper and we get the most exotic sights of Langtang Lirung lying at 7246 meter. The trail leads to a log bridge and on climbing further we come across the lush meadows of Ghora Tabela at 3000 m. We will see several lodges and a police check post here. Further on, as we walk the route opens up into a wide valley of yak pastures and scattered Tamang villages with water-driven mills and prayer wheels. After reaching a height of 3500 meters and crossing a stream we arrive at Langtang village. Langtang village is the headquarters for Langtang National Park and has flat-roofed Tibetan style houses, hotels and cultivated lands yielding buckwheat, potatoes, wheat, turnips, barley etc. Overnight at Lodge

Day 6:Trek to Kyanjin Gompa (3,870m/12,697ft)

Our trail today, skirts through rich yak pastures and interesting traditional villages of Muna to Singdun. We cross a wooden cantilever bridge and reach a wide valley after climbing a moraine. Finally, on ascending the mountain passes, we arrive at Kyagjin Gompa where there is a small monastery and a government-operated cheese factory which is famous for its production of cheese and curd products. Our trek today is short, allowing us time to acclimatize and explore the surrounding. Overnight at Lodge

Day 7:Kyanjin Gompa (Monastery) exploration

Today is a day off for acclimatization, rest and exploration of this quaint village. We explore the monastery and local cheese factory in this region. We also get to sample some of its products. We also have the option of the hike to Kyangjin Ri located at 4350 m to enjoy the amazing 360 degree views of snow-capped mountains. We can also take a walk to the foot of the huge Lirung Glacier. Lunch will be served at the Guest House and after a short rest we can stroll around the Kyanjing valley with the guide. Overnight at Lodge

Day 8:Trek to Ganja La phedi (4300m/14,104 ft)

After a hearty breakfast you start our trek towards Ganja La Phedi. The trail takes us across Langtang River and through rhododendron forests as we ascend continuously. The tiring day walk is compensated by nature's bountiful delight in its breath taking views. Some trails can be covered in snow depending on the season. Overnight at Lodge

Day 9:Cross the Ganja La pass (5122m) Trek to Keldang (4250m)

Today is the challenging day as we come cross one of the most difficult passes, the Ganja La pass. The Ganja la pass is covered with snow almost throughout the year. We ascent through and over boulders, skirt small lakes, before finally summitting the Ganja La (pass), situated on a rocky moraine. We should be extra careful while traverssing this section as the pass can sometimes be tricky due to snowfall and ice. From the pass, we descend down to Keldang. Overnight at Lodge

Day 10:Trek to Yak Kharka (4000m/13,120ft)

Today we trek from Keldang to Yak Kharka. From Keldang, we descend further down following a prominent ridge line for 5-6 hrs losing our altitude through forests, ridges, and grasslands to Yak Kharka. Overnight at Lodge.

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Day 11:Trek to TarkeGhyang(2,590m/8,495ft)

Today is a relatively easy day as we descend over 1500 meters. As the trail undulates we get a variety of altitudinal differences from barren landscapes to lush growth. Overnight at Lodge

Day 12:Trek to Sermathang(2,610m/8,560ft)

Today we take a leisurely hike through a wide valley between Parachin and Gangyul villages. We have enough time at hand to explore these villages and their culture. The people of this village practice Drukpa Kagyu Buddhism which is the same as the national religion of Bhutan. Overnight at Lodge

Day 13:Trek to Malemchi Bazaar & Drive to Kathmandu

As we conclude our fascinating and incredible journey we take a short hike down to the Melamchi Pul (bridge) Bazaar, where we catch our transport back to Katmandu. A farewell dinner will be hosted on completion of the trek! Overnight in Hotel

Day 14:Departure

Today is the end of an incredible Himalayan holiday as we bid adieu to Nepal. Our representative will drive you to the airport in time for your flight back home. We ensure that that you leave Nepal, cherishing the incredible sojourn and an experience of a lifetime. If you have time and interest, you can extend your stay and take optional treks to other areas of Nepal, Tibet, Bhutan, Darjeeling or Sikkim or other activities in Nepal like white water or wildlife safari, do let us know.

Trip Cost Includes

- Arrival/Departure transfers.
- Accommodation in Kathmandu wtin sharing room with breakfast.
- Accommodation teahouse/lodge with all meals (Breakfast, Lunch and dinner) during trek.
- Sightseeing tour in Kathmandu valley including tour guide and entrance fees.
- Kathmandu-Syabrubesi transfer by Private Transport.
- All required supporting crews with experienced leader (guide), porters to carry luggage.
- All necessary paper work and permits (Shivapuri National park permit and TIMS)
- Sleeping bag, Down jacket and trekking map (down jacket and sleeping bag are to be returned after trip end)
- Malamchi Pick up by private transport.
- First Aid Kit.
- All government and local taxes.

Trip Cost Excludes

- Meals in Kathmandu other than breakfast..
- Nepal entry visa fee.
- Your travel insurance
- Insurance for any loss & damage.
- Rescue & evacuation service.

- Extra Tea & Coffee before/after meal.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle drinks etc)
- Tip for Guide & Porters.
- Any additional cost due to unforeseen circumstances

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