

Lhasa cultural tour

Trip Facts

Duration: 4 days

Trip Start & End Point: Lhasa

Group Size: 2 Person Or Above

Tour Type: Private

Transportation & Drive Hours: Private Vehicle (Approx. 2-3 Hrs)

Best Season: April Through November

Lhasa, a city with more than 1300 yrs of history lies in the center of Tibetan plateau. It is the political, economic, cultural center as well as administrative capital of the Tibet. Lhasa literally means "place of the gods". Lhasa is also one of the highest cities in the world with elevation of about 3650m above sea level. It is also the second most populous city on the Tibetan Plateau.

Lhasa is well known for its breathtaking awe inspiring mountain view and many world heritage sites like the Jokhang temple considered to be the holiest in Tibet, the Potala Palace, Norbu Lingkha -the Dalai Lama's former winter residence and monasteries, the Dalai Lama's summer residence and Ramoche temple .Meanwhile Gelukpa monasteries such as Sera and Drepung are located in the region surrounding Lhasa.

The months from May to October are the best to travel to Lhasa because of the mild weather. During the trek one gets to experience and witness the fascinating culture ,Tibetan arts, crafts, history, culture, custom, tradition, lifestyle, cuisine , the magnificent mountain scenery,the sacred monasteries and barren land of Tibetan plateau.

Day to Day Itinerary

Day 1:ARRIVAL IN LHASA (3650 m/11972ft) – 90 KM, 45 MIN

The adventure begins in Lhasa. There are two ways to arrive—via Nepal and via mainland China. The flight from Nepal to Lhasa is considered one of the most beautiful air routes in the world, as it provides sweeping views of Everest (8848m), Kanchenjunga (8536m) and other Himalayan peaks. If traveling via mainland China, there are a wide variety of flights in addition to the world's highest train route to reach Lhasa. Upon arrival, you will be received by our Tibetan guide at the airport/train station. After approximately 1 hours of driving, you will reach Lhasa from Airport. It's advisable to rest and take it easy for the remainder of the day due to Lhasa's altitude. Overnight in Lhasa

Day 2:SIGHTSEEING IN LHASA (3650 m/11972ft)

The journey begins with a visit to Potala palace – a UNESCO World Heritage celebrated for its priceless treasury of Buddhist artifacts and bejeweled tombs of past Dalai Lamas. The Potala was also the tallest building in the world for 200 years following its construction in 1645. Equally breathtaking are the gardens and sacred spaces of the Norbulingka, the Dalai Lama's summer residence. We will also visit the Jokhang Temple followed by Barkhor Markets – a bustling road lined with vendors where you can sample the smells and sounds of Tibet, or browse through the Thankas, masks, prayer beads and countless other treasures inherent to Tibetan custom and tradition. Overnight in Lhasa.

Day 3:SIGHTSEEING IN LHASA (3650 m/11972ft)

Today we have another highlight trip in Lhasa follow by Sera Monastery, accompanied by an experienced tour guide (who is also a translator). Sera is an exceptional space; its white-washed walls and golden roofs speak of Tibetan Buddhism's ancient wisdom and tranquility. The group will then move to Drepung Monastery, which was built in 14th century and was home to over 10,000 monks. Drepung was also the educational center for the lineage of Dalai Lamas, and is famed for attracting tens of thousands of pilgrims for its Thangka festival. Drepung has a poignant presence in the spiritual life of Tibetans, and is the most cherished of all Tibet's monasteries. And finally visit Tibet Museum to explore more knowledge on history, culture, arts & architecture of Tibet. Overnight in Lhasa.

Day 4:FLY, LHASA TO KATHMANDU OR MAINLAND CHINA

According to your flight schedule, we will transfer you to the airport for your flight back to Kathmandu / Mainland China OR transfer to the train station for your onward journey to Mainland China.

Trip Cost Includes

- Tibet special permits and entrance fees
- Tibet group visa fee
- Transportation in Tibet by private van or coach
- Accommodation on sharing room with breakfast in Tibet
- Tibetan Guide (English Speaking)
- Taxes & service charges

Trip Cost Excludes

- Flight ticket for Kathmandu – Lhasa - Kathmandu (approx. USD 750)
- Arrival & departure transfers (Kathmandu)
- Hotel accommodation in Kathmandu with breakfast on sharing basis
- Lunch & dinner in Kathmandu & in Tibet
- Alcohol & bottle drinks
- Tips for guide, driver & staffs
- Any expenses of personal nature
- Your travel insurance
- Nepal visa
- Emergency & Evacuation costs
- Any extra cost due to unforeseen circumstances like natural calamities, political reason. Government rules et



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