Lhasa Everest Base Camp Kathmandu Motor Bike Tour

Trip Facts

Duration: 17 days
Trip Destination: Lhasa & Everest Base Camp, Tibet
Trip Start & End Point: Kathmandu Or Lhasa
Duration Of Trip: 17 Days
Group Size: 4 Person Or Above
Accommodation: Hotel In City & Guesthouse In Mountain Region
Mode Of Tour: Teahouse / Lodge
Maximum Altitude: 5200 M
Transportation: Private Motor Bike
Trip Grade: Moderate & Difficult
Best Season: April Through November
Highlighted Places: Kathmandu-Lhasa-Gyantse-Shigatse-EBC-Kyirong

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Day to Day Itinerary

Day 1:Arrival in Kathmandu

Arrival in Kathmandu at International Airport, meet by our officer and then transfer to hotel. Meet by our manager and brief on the tour program. Overnight at Hotel

Day 2:Free Day for the preparation

You have leisure day today. You can do preparation for your trip buying or hiring anything necessary things from shop in Thamel or other markets. Also, you can go for half day motorbike tour to visit Budhanilkantha Temple & Swoyambhunath Stupa. And in the mean time, we will manage Tibet group visa from Chinese Embassy. Overnight at Hotel

Day 3:: Motorbike drive, Kathmandu - Zhangmu - Nyalam (3750 m) - 145 km

Today, we wake up little early morning and take breakfast in hotel then prepare to move border. We begin our motor bike ride towards Kodari border today covering distance about 115 km. We will manage Jeep or Bus to carry luggage upto border. The undulating drive from Kathmandu to border are splendid due to wonderful views of Himalayan ranges from Dhulikhel, driving through different local villages, picturesque views of greenery hilly region and extreme flow of white water in Bhotekoshi river. We will make tea break in zero kilo place (40 km) and drive further straight to Kodari. Reach border and after completion of immigration formalities in Nepal side, walk through the friendship bridge & take further one & half hours switch-back drive uphill to Nyalam (3750 m.). Overnight at Hotel

Day 4:Drive to Tingri (4300m) – 160 km

Morning after breakfast we will start easy ride up, there is the main checkpost to enter further up at Nyalam. We will be visiting Milarepa's cave enroute. One can ride to Lhatze (300 km) this day but we are treating this trip as a pleasant journey, spending the night in Tingri makes you more comfortable having the great views of the Himalayas in the South including Mt. Everest & Cho-Yu. Overnight at Hotel

Day 5:Drive, Tingri - Lhatse (4100 m); 155 km

The riding is pleasant; you will be passing a 5220 meters pass called "Gyatso La" today and continuing riding down to the fertile valley of Lhatze for overnight stay at Overnight at Hotel

Day 6:Drive, Lhatze - Xigatse (3900 m); 150 km

A typical day riding between the villages to Xigatze or Shigatse, the second largest city of Tibet. The ride today is across Yulung La (4950 metres). After reaching Shigatse, we will transfer you in a better hotel and relax. Afternoon, you can visit the "Tashilunpo Monastery", a vast monastery with its own streets, housing sectors, plazas, back alleys and complex of temples and halls. Overnight at Hotel

Day 7:Drive, Xigatse - Gyantse (3950 m); 95 km

Your drive on to Gyantse takes us through intensely agricultural, cultivated areas. Much of the gravel road is lined with poplar trees, which are a distinctly Tibetan feature. The drive on this day is just 90 km but, if

interested, you can drive to the small, picturesque village of Kardoi from Gyantse (120 km round trip). This excursion will also take you to an old castle, Khumbum and Palkhore Chode monastery. The hotel in Gyantse has good facilities, like the one in Shigatse. Overnight at Hotel

Day 8:Drive, Gyantse - Lhasa (3650 m) via Yamdruk Tso – 305 km

You will drive mostly on a paved road, though there is an off-road route from Gyantse to the turquoise Lake "Yamdruk Tso". You will be crossing the high pass of "Karo La" at 5050m then continue your drive to Lhasa. On arriving you may feel as though we have left Tibet and entered China, for the Chinese influence - signs, people on the street, development - is ever more pervasive. And upon reaching Lhasa itself, you will see the suffocation of the old Tibet by the new layers of Chinese infrastructure, covering nearly 100% of the city. Lhasa is a sprawling, modern Chinese city with polluted air and horn-honking traffic congestion but we will stay there for two full days to acclimatize and take in the awe-inspiring Potala and other parts of this World Heritage Site Elevation - 3650 meters. Overnight at Hotel

Day 9:Sightseeing tours in Lhasa

Riding around Lhasa visiting the various interesting historical sites in Lhasa: Potala Palace, Norbulinkha palace, Jokhang Temple & Barkhor Square. Overnight at Hotel

Day 10:Sightseeing tours in Lhasa

Second day sightseeing tour in Lhasa for visiting two more significant monasteries in Lhasa: Sera monastery, Drepung Monastery & Tibetan Museum). Overnight at Hotel

Day 11:Drive, Lhasa - Shigatse - 270 km

Your riding today will be on paved road. After having breakfast we'll follow the riverbed of the Kyi Chu River, this is the same way back until road adjacent to a bridge at the Brahmaputra valley. Then we take the straight highway riding on the riverbed of the "Yarlung Tsangpo" to Shigatse, stay at the Overnight at Hotel

Day 12:Drive, Shigatse - Xegar (4350 m); 235 km

After a good breakfast, we start riding from Shigatse to Lhatse then ascent to the Gyatso La-5220m, finally descend into Xegar and stay in a Everest hotel (luxurious accommodation after Shigatse). Overnight at Hotel

Day 13:Drive, Xegar - Rongbuk (4950 m) - Everest Base camp (5150 m) - 122 km

Today you will find much excitement. Here starts the taste of the "Top of the World"; the remoteness shows the real beauty of the area that makes you pride of your awaiting since long time. Riding through the remoteness you will be ascending to the Rongbuk. Excursion to Everest Base Camp- 5150m and back to Rongbuk. Overnight at Hotel

Day 14:Drive, Rongbuk / Tingri (4,250m) / Nyalam 225 Km.

Enjoy the early morning views of Mt. Everest and after breakfast, set out on a long days ride. Set out retracing the route from Everest Base camp for about 40 kilometers to arrive at Tashi Dzom. From here continue a bit further to arrive at a marker showing the direction to Tingri. Leave the main trail and set off for Tingri through small scattered ethnic villages and farm lands which takes about 3 hours. From Tingri we drive on the highest

plateau of the world with typical view of the Tibetan landscape offering sheer feeling of standing on the roof of the world. Cross the Lalung La (5,200m) and Thong La (5050 m) from where, weather permitting, here is a breathtaking panorama of beautiful Himalayan ranges including Mt. Everest (8,848m) but is dwarfed by the vastness of the Tibetan plateau. Descend down for about an hour to arrive at a familiar setting - the Mileapa Cave, where Milerapa is said to have meditated but we continue further to Nyalam (25 minutes,). Overnight at Hotel

Day 15:Drive, Nyalam / Zhangmu / Dhulikhel - 105 km

After breakfast, drive to Zhangmu (30 kilometers / 1 hour drive). Complete the Chinese Immigration and border formalities. The permits and Motorcycles are checked once again and then we drive down 8 kilometers to Kodari and the Nepal Tibet Friendship Bridge. Here the porters will transfer the luggage to the Nepal side and we bid farewell to our Guide and drivers from Tibet. We continue our drive to Dhulikhel. The back drive to Dhulikhel is little comfortable and fast being most of way are descending and flat. And after final ride uphill towards Dhulikhel we take halt in Dhulikhel for a day relax stay with good lunch at restaurant. Overnight at Hotel

Day 16:Drive, Dhulikhel to Kathmandu - 30 km

Very charming wake up with feeling relax and enjoy the breakfast with beautiful sunrise view and scenery of eastern Himalaya ranges seen from Hotel. Then we continue our drive to Kathmandu city. On the way, we will visit Bhaktapur Durbar Square (the historical old town with city of devotees and rich with architectures). Rest day at leisure for shopping or relaxation in nearby local market. In the evening, we will go for Nepali dinner with culture program and share your experience with us in regards to the trip. Overnight at Hotel

Day 17:Departure

According to your flight schedule, we will transfer you to the airport for your flight back to home.

Trip Cost Includes

- Arrival & departure transfers
- Hotel accommodation in Kathmandu on twin sharing basis
- All meals (breakfast, lunch & dinner) for whole trip
- Tibet special permits for self drive motor bike plus visa letters
- All monuments entrance fees
- National Park fees & EBC permit
- Sightseeing tour as per program itinerary
- Support transportation in Tibet by one van & one truck
- Standard accommodation on twin sharing room in Tibet
- Tibetan Guide English speaking
- Supervise & manage fee for traffic police in Tibet
- Jeep / Bus for luggage transfers from Kathmandu to border and return
- Motor Bike on rental for whole tour in Nepal / Tibet & its permit
- Immigration and custom fee in Nepal border
- Tour escort from Kathmandu office for necessary assistance in Tibet during tour

- Daily drinking water bottle for all members
- Oxygen bottle (portable) & first aid medical box
- Farewell dinner on last evening in Kathmandu (complimentary)
- Taxes & service charges

Trip Cost Excludes

- Fuel in motor bike
- Safe deposit for bike rental service ($ 500 per bike) – returnable if nothing maintenance or parts broken
- Spare parts
- Entry fees for monuments during sightseeing (KTM)
- Mechanic or Road Captain Guide from Nepal
- Alcohol & bottled drinks
- Personal gears & clothing (available on hire)
- Safety helmet
- Tips for guide, driver & staffs
- Any expenses of personal nature
- Your travel insurance
- Nepal visa US $ 40 (NRI nationals)
- Emergency & Evacuation costs
- Any extra cost due to unforeseen circumstances like natural calamities, political reason. Government rules etc

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