

Mardi Himal Trek

Trip Facts

Duration: 12 days Trek Destination: Mardi Himal Maximum Altitude: 4250 m Mode of Trekking: Tea House / Lodges Trekking Hour: 5-7 Hours Best Season: March/April/May/Sept/Oct/Nov Group Size: 2 People Above USD Price: 980 INR Price: 65000

Mardi Himal Trek is one of spectacular on-foot trips of Nepal. This trek is specially designed for those trekkers who are looking for "off beaten trail". The Trek is a gorgeous trek through pleasant and picturesque landscape of Nepal that accommodates the gallery of some of the most amazing flora and fauna. Along the stunning view of the numerous Himalayas Mardi Himal (5587m), Machhapuchhre (6993m), Singhachuli (6501m), Baraha Shikhar (Mt. Fang) (7647m), Annapurna I (8091m), Annapurna south (7219m), Hiunchuli (6441m),), Tent Peak (5695m) and others.

The overall trip is a combination of an unforgettable experience into the depth of nature, traditional culture. The trip starts from the ancient city of Kathmandu. The sightseeing itinerary in Kathmandu includes visits to some of the World Heritage Sites and exploration into some of the ancient temples. The trip then leads to picturesque Pokhara where you can stroll through quaint villages, waterfalls, Himalayan river crossings and a set of some of the best rhododendron (Nepal's national flower) forests. With this trek, you will surely experience an incredibly journey to the nature and all its glory in a timeframe under your comfort.



Day to Day Itinerary

Day 1:Arrival in Kathmandu (1,300m)

A breathtaking Himalayan flight to Kathmandu is a thrill indeed. Upon arrival at Tribhuvan International Airport (TIA) in Kathmandu, you will be warmly greeted by our representative and s/he will help drop Hotel. After check in and refreshing, you will be briefed by your tour consultant and the rest of the day is at your leisure to rest or explore the sights of the valley. Overnight at Hotel

Day 2: Trek Preparation day and City Sightseeing's

After breakfast, we embark on a guided tour to major historical, cultural and spiritual attractions of the valley. The major of these sites are "World Heritage Sites"; including the historic Kathmandu Durbar Square, the sacred Hindu temple of Pashupatinath temple, the famous 'Monkey Temple' (Swoyambhunath) and Buddhists shrine (Bouddhanath) which is one of the largest Stupa in the world. Later in the afternoon, we have a trip discussion and introduction with our mountain guide and other team members who will accompany you. Rest of the day is at your leisure to rest and prepare for your trip ahead. Overnight at Hotel

Day 3:Drive to Pokhara-827m: (210 km-6 hrs.)

After breakfast leave for Pokhara with beautiful scenic drive. The most famous enchanting tranquil valley offering natural beauty, living culture, deep gorges, Greenery peaks, numerous lakes and picturesque village. We have great several views of the Himalayas including Dhaulagiri, Manaslu, Machhapuchhre (Fishtail) and the five Annapurna ranges. Overnight at Hotel

Day 4:Drive to Phedi and Trek to Deurali (2100m): 40 mints drive, Trek 5 hrs.

After breakfast in the morning, short drive to Phedi and commence our trekking through on terraced fields, stone paths along beautiful villages and woodlands before reaching Dhampus where we take short break for lunch. We continue trek to Deurali which is a small village beautifully located from there we have good views of the Fishtail (6993m) Mardi Himal (5587m) and Annapurna South (7219m). Overnight in Lodge

Day 5:Deurali to forest camp (2,520m/8064ft): 6-7 hrs.

The day trek passes through green forests with the red rhododendrons which is a national flower of Nepal. The flowers are a common sight in Nepalese hills sides. Our trail is very quiet until we reach a clearing of the forest camp. Take rest and explore the forest camp or also locally known as Kokar. Overnight in Lodge

Day 6:Trek Forest Camp to Low Camp (2970m): 6 hrs.

The trekking continues through dense forests of oak, maple, hemlock and rhododendron which admiring Nepal's rich biodiversity. From here, we have fantastic view of Mt. Fishtail (6993m) up the valley is attractive. In the evening, some time we spend for the observing local area and people lifestyle. Overnight in Lodge

Day 7:Trek Low camp to High Camp (3540m): 4 hrs.

Trek ascent to approx. 1 and half hours through rhododendrons forest to middle camp and after Badal Danda. It offers magnificent views of the Mardi Himal, Mt. Gangapurna (5455 m), Mt. Hiuchuli (6441 m) Mt.



Fishtail. If we are lucky, we might even come across the colorful Daphne pheasant (national bird of Nepal) on this trail. Reach high camp and take rest. Overnight in Lodge

Day 8:Trek to Upper Viewpoint (4250m), Explore Mardi Himal and back to high camp: 3hrs.

Trek Ascending and descending along some places narrow trails. The trail passes through meadows and hike along a narrow ridge before reaching Upper Viewpoint. The stunning view of the numerous Himalayas Mardi Himal (5587m), Machapuchhre (6993m), Singhachuli (6501m), Baraha Shikhar (Mt. Fang) (7647m), Annapurna I (8091m), Annapurna south (7219m), Hiunchuli (6441m),), Tent Peak (5695m) and others. After exploration our trek back to the high camp. Overnight in Lodge

Day 9:High Camp to Sidhing Village (1700m/5440ft): 6-7 hours

After completing our circuit, we take different route to Siding village. It is traditional village and likely you will stay at a homestay where you can get wonderful traditional culture experience and finding out local people lifestyle along typical organic foods. Overnight in Lodge

Day 10:Trek to Lumre 3 hrs. And drive to Pokhara 2 hrs.

Trek towards Lumre finally reaching the motorway and drive to Pokhara. It has been an incredible trek and experience! The rest of the day can be spending at leisure and maybe you can take a stroll at lakeside. Overnight at Hotel

Day 11:Drive to Kathmandu, 210 Km, 6 hrs.

After breakfast in the hotel, drive towards to Kathmandu. Overnight at hotel.

Day 12:Departure

The finale of your journey and we are loath to see you go! Our representative will drop you to the airport or if you are interested you can extend your trip by taking another interesting trek, tour or extensions to Tibet and Bhutan, please ask us!

Trip Cost Includes

- All ground necessary transport.
- Hotel in Kathmandu and Pokhara twin sharing room with Breakfast.
- Accommodation tea house / mountain lodge on trek.
- All meals during the trek (breakfast, lunch and dinner).
- Tea and coffee during meal.
- Annapurna Conservation area permits fee and TIMS Card.
- All required supporting crews with experienced Gov. License holder guide and porters to carry luggage.
- Food, Salary, transport and insurance for supporting crews.
- First Aid Kit.
- All applicable taxes and service charges.

Trip Cost Excludes

Lunch and Dinner in Kathmandu and Pokhara.



- Nepal entry visa fee.
- Insurance for you and baggage.
- Personal expenses (phone calls. laundry. bar bills. battery recharge. extra porters. bottle drinks etc)
- Extra Tea & coffee after/before meal.
- Any rescue and evacuation services.
- Tip for guide and porter.
- Any additional cost due to unforeseen circumstances.



P O Box 4612, Sukedhara, Kathmandu, Nepal Mobile: +977-9851197848 / 47 / 46 WhatsApp: +977 9851197848 / 9851197846 Email: info@explore-vacation.com, sales.explorevacation@gmail.com