Mt. Mera Peak Climbing 17 Days

Trip Facts

Duration: 17 days

Trekking Destination: Mera Peak, Nepal

Highest Altitude: Max: 6461m

Trekking Hour: Approximately 5-8 Hours Per Day

Mode Of Trekking Tour: Teahouse/Lodge & Camping

Trekking And Hiking Best Season: March/April/May/Sept/Oct/Nov

Group Size: 2 Person Or Above

Mera Peak (6,461 m) is the highest permitted trekking peak of Nepal. It stands to the south of Everest and dominates the watershed between the heavily wooded valleys of the Hinku and Hongu Drangkas.

J.O.M. Roberts and Sen Tenzing made the first successful ascent of Mera Peak on 20 May 1953. The route they used is still the standard route. There are many other routes to the peak, but none of them are easy. Some of them require crossing very high and difficult passes. This leads to a true mountaineering experience. In the end, all efforts and hard work is paid off with spectacular scenery as Mera provides one of the finest viewpoints in Nepal.

Mera Peak offers a panoramic view of Chamlang, Kangchenjunga, Makalu, and Baruntse in the east and the peaks of Cho-Oyu, Ama Dablam and Kangtega to the west. Everest can be viewed to the north over the massive unclimbed south face of Lhotse and the Nuptse/Lhotse ridge. Under favourable conditions, it is possible to climb the peak and descend back on the same day.

This small expedition to the highest and most popular trekking peak in Nepal is mainly a high-altitude trek and climb, people need to be fit and conversant with the use of an ice-axe and crampons. Instruction in the use of these will be given in Kathmandu and also at our base camp near Mera La if required. The climb itself necessitates establishing a high-camp at 5,800m on the Mera glacier before attempting the summit the next day. The climb itself takes the north face glacier; it is a steady push to the summit ridge which leads somewhat precariously to the top. Mera Peak offers a panoramic view of Chamlang, Kangchenjunga, Makalu, and Baruntse in the east and the peaks of Cho-Oyu, Ama Dablam and Kangtega to the west. Everest can be viewed to the north over the massive unclimbed south face of Lhotse and the Nuptse/Lhotse ridge. Under favorable conditions, it is possible to climb the peak and descend back on the same day.

Day to Day Itinerary

Day 1:Arrival in Kathmandu, meet by our guide and transfer to hotel. Overnight at Hotel

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Day 2:Fly, Kathmandu to Lukla & Trek to Chhutanga (3050m.) - 4 hours. Overnight Teahouse (B,L,D)

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Day 3:Trek to Kharki Teng (3800m.) – 3 hours. Overnight Teahouse (B,L,D)

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Day 4:Trek to Chhetarwa (4400m.) 5/6 hours. Overnight Lodge (B,L,D)

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Day 5:Trek to Kote (4182m.) - 6/7 hours. Overnight Lodge (B,L,D)

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Day 6:Trek to Thangnak (4358m.) - 6/7 hours. Overnight Lodge (B,L,D)

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Day 7:Rest at Thangnak for acclimatization. Overnight Lodge (B,L,D)

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Day 8:Trek to Khare Camp (5000m.) - 5/6 hours. Overnight Lodge (B,L,D)

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Day 9:Trek to Mera Base Camp (5200m.) - 5 hours. Overnight Tented Camp (B,L,D)

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Day 10:Climb to High Camp (5650m.) 3/4 hours. Overnight Tented Camp (B,L,D)

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Day 11:Climb to summit Mera Center (6461m.) & back to Khare – 10/11 hours. Overnight Lodge (B,L,D)

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Day 12:Trek back to Kote – 7 hrs. Overnight at Lodge (B,L,D)

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Day 13:Trek to Chhetarwa – 7 hrs. Overnight at Lodge (B,L,D)

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Day 14:Trek to Lukla – 7 hrs. Overnight at Lodge (B,L,D)

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Day 15:Fly back to Kathmandu. Free day. Overnight at Hotel (B)

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Day 16:Spare day for unexpected situation. Overnight at Hotel (B)

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Day 17:Departure

Trip Cost Includes

- Arrival / departure transfer in Kathmandu.
- Accommodation in Kathmandu twin sharing room with Breakfast.
- Sightseeing tours in Kathmandu as per above program.
- Accommodation on Trek tea house/ mountain lodge or Tented camp.
- All Meals during the trek (breakfast, lunch dinner).
- TIMS Card, Everest National Park Fee, Mera Peak Permit.
- Kathmandu to Lukla & return Flight.
- Camping equipments like kitchen stuff, tents, foods during camp
- All required supporting crews with experienced leader (guide), porters to carry luggage
- Food, salary, transport, insurance, for supporting crews.
- First aid kit & oxygen for emergency use
- All applicable taxes and service charges.

Trip Cost Excludes

- Lunch and Dinner in Kathmandu.
- Nepal entry visa fee.
- Insurance for you and baggage.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle drinks etc)
- Any rescue and evacuation services.
- Tips for guide and porter.
- Any additional cost due to unforeseen circumstances.

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