Rara Lake And Lower Dolpo Trek

Trip Facts

Duration: 17 days
Trekking Destination: Rara Lake & Lower Dolpo, Nepal
Maximum Altitude: 3500m
Group Size: 2 People Or Above
Mode Of Trekking Tour: Tea House/Lodge
Trekking Hour: Approx 5-7 Hours
Best Season: March/April/May/Sept/Oct/Nov

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Day to Day Itinerary

Day 1:Arrival day in Kathmandu, 1,300m. O/N at Hotel

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Day 2:Kathmandu valley sightseeing & trek preparation. O/N at Hotel

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Day 3:Fly from Kathmandu to Nepalgunj. O/N at Hotel

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Day 4:Fly from Nepalgunj to Jumla (2370m). O/N at Teahouse

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Day 5:Trek to Uthugaon (2530m), 4-5 hrs Trek. O/N at Teahouse

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Day 6:Trek to Danphe Lagna (3500m), 4-5 hrs Trek. O/N at Teahouse

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Day 7:Trek Lagna to Chautha (2770m), 5-6 hrs Trek. O/N at Teahouse

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Day 8:Trek to Dhotu (2380m), 5-6 hrs Trek. O/N at Teahouse

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Day 9:Trek to Rara Lake (2980m), 4-5 hrs Trek. O/N at Teahouse

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Day 10:Explore day at Rara. O/N at Teahouse

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Day 11:Trek to Gorusingha (3190m), 5-6 hrs Trek. O/N at Teahouse

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Day 12:Trek to Sinja (2440m), 5-6 hrs Trek. O/N at Teahouse

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Day 13:Trek to Jaljala Chaur (3270m), 6-7 hrs Trek. O/N at Teahouse

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Day 14:Trek to Jumla (2370m), 4-5 hrs Trek. O/N at Teahouse

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Day 15:Fly from Jumla to Kathmandu with short stop at Nepalgunj. O/N at Hotel

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Day 16:Leisure at Kathmandu. O/N at Teahouse

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Day 17:Departure from Kathmandu

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Trip Cost Includes

- Arrival/departure transfers.
- Accommodation in Kathmandu twin sharing room with breakfast.
- Accommodation in Nepalgunj room with all meal (breakfast, lunch and dinner).
- Sightseeing tour in Kathmandu as per above program.
- Domestic flight tickets and airport tax (Kathmandu - Nepalganj – Jumla - Nepalganj - Kathmandu)
- Accommodation Camp, mountain lodge/ Teahouse with all meals on the trek.
- All required supporting crews with experienced leader (guide), porters to carry luggage.
- All necessary paper works; special trekking permit and TIMS Card.
- Sleeping bag, Down jacket, duffel bag, t-shirt, and trekking map (down jacket and sleeping bag are to be returned after trip end)
- Camping equipments, kitchen, dining, toilet tents, mattresses, and kitchen equipments
- First Aid Kit.
- All current government taxes

Trip Cost Excludes

- Meals in Kathmandu other than breakfast.
- Nepal entry visa fee.
- your travel insurance
- Insurance for any loss & damage.
- Rescue & evacuation service.
- Extra Tea & Coffee before/after meal.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle drinks etc)
- Tip for Guide & Porters.
- Any additional cost due to unforeseen circumstances