

Upper Mustang Trek

Trip Facts

Duration: 17 days

Trekking Destination:: Upper Mustang, Nepal

Maximum Altitude:: 3810m

Trekking Hour:: Approximately 5-7 Hours Per Day

Mode Of Trekking Tour:: Tea House/Lodge

Group Size:: 2 Person Or Above

Himalayan View:: Dhaulagiri. Fishtail. Annapurna Range. Nilgiri

Attractions:: Trekking And Hiking. Cultural And Historical Tours

Best Season:: March/April/May/Sept/Oct/Nov



EXPLORE
— VACATION — PVT LTD

Day to Day Itinerary

Day 1: Arrival in Kathmandu (1,300m), Overnight at hotel

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Day 2: Kathmandu: Sightseeing and Trek Preparation, Overnight at hotel

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Day 3: Kathmandu to Pokhara (823m): 6 hrs drive, Overnight at Hotel

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Day 4: Fly to Jomsom & trek to Kagbeni (2,858m): 4 hrs, Overnight at Lodge

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Day 5: Trek Kagbeni to chele (3050m): 5-6 hrs, Overnight at Lodge

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Day 6: Trek Chele to Syanbochen (3475m): 6-7 hrs, Overnight at Lodge

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Day 7: Trek Syanbochen to Ghaymi (3520m): 6 hrs, Overnight at Lodge

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Day 8: Trek Ghaymi to Charang (3500m): 4-5 hrs, Overnight at Lodge

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Day 9: Trek Charang to Lo-Mangthang (3700m): 6 hrs, Overnight at Lodge

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Day 10: Exploration Lo-Mangthang, Overnight at Lodge

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Day 11: Trek Lo-Mangthang to Drakmar (3810 m): 6-7 hrs, Overnight at Lodge

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Day 12: Trek Dhakmar to Ghiling (3806m): 6 hrs, Overnight at Lodge

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Day 13: Trek Ghiling to Chhuksang (3050m): 6 hrs, Overnight at Lodge

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Day 14: Trek Chhuksang to Jomsom (2700m): 7 hrs, Overnight at Lodge

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Day 15: Fly Jomsom to Pokhara, Overnight at Hotel

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Day 16: Drive from Pokhara to Kathmandu

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Day 17: Departure

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Trip Cost Includes

- Arrival and departure transfers.
- Accommodation in Kathmandu and Pokhara twin sharing room with breakfast.
- Kathmandu sightseeing as per above program and entrance fees.
- Accommodation Tea house/ mountain lodge on the trek.
- All meal Breakfast, lunch & dinner on the trek.
- All required supporting crews with experienced leader (guide), porters to carry luggage.
- Sleeping bag, Down jacket, duffel bag, t-shirt, and trekking map (down jacket and sleeping bag are to be returned after trip end)
- Salary, foods, accommodation, insurance for service crews.
- Annapurna Conservation Area permits fee & TIMS Card.
- Upper Mustang special trekking permit.
- Pokhara-Jomsom-Pokhara flight ticket with domestic airport tax.
- Kathmandu – Pokhara – Kathmandu Transfer.
- First Aid Kit.
- All applicable taxes and service charges.

Trip Cost Excludes

- Lunch and dinner in Kathmandu & Pokhara Hotel.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle drinks etc)
- Bottled drinks throughout the trek.
- Extra tea / coffee after and before meal.
- Your travel insurance.
- Insurance for any loss and damage.
- Rescue & evacuation services.
- Tips for guide, porters & driver.
- Any additional cost due to unforeseen circumstances